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Static and dynamic properties of spin-orbit-coupled Bose gases

The recent realization of synthetic spin-orbit coupling represents one of the most important achievements in the physics of ultracold atomic gases. In my talk I shall illustrate the properties of a Bose-Einstein condensate with equal Rashba and Dresselhaus spin-orbit coupling. This system presents a rich phase diagram, which exhibits a tricritical point separating a zero-momentum phase, a spin-polarized plane-wave phase, and a stripe phase. In the stripe phase translational invariance is spontaneously broken, in analogy with supersolids. Spin-orbit coupling also strongly affects the dynamics of the system. In particular, the excitation spectrum exhibits intriguing features, including the quenching of the sound velocity, the emergence of a roton minimum in the plane-wave phase, and the appearance of a double gapless band structure in the stripe phase. In the final part of the talk I will briefly discuss an optimization procedure to make the stripe phase experimentally visible.

29. Juli 2014, 11:00 Uhr

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